



OWL in the Workplace

Organizational Wellness Landscape

A Newsletter Supporting Staff Wellness at Crestwood

Summer 2024

Summer Wellness Vibes

ALF Meet & Greet with Mary Ellen



Scan QR to watch the recording



Seminar II:

Hilton Garden Inn Natomas
November 11 - 15

Seminar II Refresher:

Hilton Garden Inn Natomas
September 17 - 19

ALF Meeting:

Shoreline Conference Room
September 4 - 5

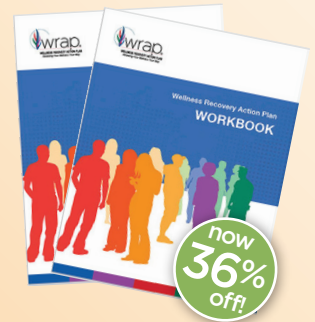


WRAP Administrative Lead

Hello everyone! My name is Sam Tatro Isbell and I became the WRAP Administrative Lead in 2022 with the lead support of Terry Paterson, Director of Education and Recovery Services. Since then, WRAP has seen abundant growth and flourished. However, Terry is stepping down from the WRAP Committee and moving forward, I will continue as the sole WRAP Administrative Lead. I am eager to keep supporting our campuses and work with our dedicated Advanced Level WRAP Facilitators and WRAP Facilitators!

HOT WRAP-tastic News!

- ✨ The WRAP committee has been working behind the scenes with AHP and we are excited to share that new facilitator manuals have been created and published for all WRAP facilitators. Crestwood will be one of the first to receive these manuals and will be distributed as soon as next month!
- ✨ We will also be receiving a discount code for WRAP workbooks! They will now be \$4.50 per workbook (original price \$6.99). These workbooks will also have a unique Crestwood flare to them. Keep a look out for a memo from Sam.
- ✨ 2025 WRAP training calendar is in the works and will be revealed this fall!



Contact Sam at samantha.tatro@cbhi.net for all WRAP related inquiries!



WRAP 2 Refresher



WRAP 1 in Angwin



WRAP 1 in SF

"I EXPECT SOME NEW PHASES OF LIFE THIS SUMMER, AND SHALL TRY TO GET THE HONEY FROM EACH MOMENT." ~LUCY STONE

